



## Cranberry Bog

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3 oz. cranberry juice  
1 oz. Triple Sec  
4 oz. Champagne  
1 tsp. GREY POUPON Dijon  
**Garnish** - orange slice

**Mix** mustard, juice and liqueur.

**Pour** into champagne glass.

**Add** champagne and orange slice.

**Makes** 1 serving.

### **How to Make a Non-Alcoholic Version:**

Substitute sparkling white grape juice for the champagne and pulp-free orange juice for the orange-flavored liqueur.

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### **Nutritional Information Per Serving:**

290 calories, 0.5g total fat, 0g saturated fat, 0mg cholesterol, 130mg sodium, 31g carbohydrate, less than 1g dietary fiber, 20g sugars, less than 1g protein, 0% DV vitamin A, 60% DV vitamin C, 2% DV calcium, 4% DV iron.