



## Bubbly Carrot Cocktail

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**3 oz.** carrot juice

**1 tsp.** GREY POUPON Savory Honey

**4 oz.** Champagne

**Garnish** - 1 baby carrot with greens attached

**Mix** mustard and juice.

**Pour** into champagne glass.

**Add** champagne and carrots.

**Makes** 1 serving.

**How to Make a Non-Alcoholic Version:**

Substitute sparkling white grape juice for the champagne.

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**Nutritional Information Per Serving:**

150 calories, 0g total fat, 0g saturated fat, 0mg cholesterol, 50mg sodium, 13g carbohydrate, 1g dietary fiber, 6g sugars, 1g protein, 350% DV vitamin A, 15% DV vitamin C, 4% DV calcium, 6% DV iron.